

## **Improvements to the Local 18 Benefit Plan as of January 1, 2020**

- **Paramedicals** – Maximum per treatment increasing from \$60 per treatment to \$80 per treatment
- **Paramedicals** – Annual maximum combined increasing from \$1000 per calendar year to \$1,200 per calendar year
- **Paramedicals** – has expanded to include Masters in Social Work or Registered Psychotherapist
- **Vaccines** are now covered by our plan
- **Smoking Cessation** is now covered by our plan up to \$500/lifetime per covered person

**Our plan now includes Best Doctors** – Best Doctors offers a suite of services to help Canadians with their medical concerns. From basic medical advice to a comprehensive review of medical case files and treatment regimens, Best Doctors can help connect members with the right medical care and advice when they need it.

Best Doctors provides its members with access to expert medical specialists who will help them make the right decisions about their care. All it takes is a phone call.

Best Doctors offers:

- Expert second opinions on medical diagnoses and treatment regimens
- Help finding specialists within or outside of Canada
- Help navigating the Canadian health care system
- Expert advice about medical conditions and challenges

**Our plan now includes Critical Illness** – Critical Illness coverage helps provide financial support if you are diagnosed with a covered critical illness. No pre existing conditions or illnesses are covered, only illnesses diagnosed after January 1, 2020.

**Additional information will be provided in our upcoming February 2020  
Newsletter.**

**New booklets will be available soon.**

**If you have any questions, please contact the Benefit office.**